

Summary of Aspen Study Findings on ASEA Redox Supplement

The purpose of this study was to determine whether daily use of ASEA® Redox Supplement could help to reduce inflammation and boost the body's natural defenses, while also confirming product safety. Inflammatory markers, glutathione levels, and lipid profiles were monitored closely throughout the duration of the study.

OVER 16 WEEKS, PARTICIPANTS EXPERIENCED:

- Significant reductions in key inflammatory markers
- An increase in antioxidant levels
- No adverse effects

These findings suggest ASEA Redox Supplement supports a healthy inflammatory response and overall cellular resilience.

SAFETY & TOLERABILITY

Throughout the study, participants' blood tests—including **cholesterol, blood sugar, liver function, kidney function, and blood cell counts**—remained within normal, healthy ranges.

No adverse effects or serious side effects were reported.

This confirms the supplement is safe and well tolerated in healthy adults.

INFLAMMATORY MARKERS

The study measured two key markers associated with inflammation:

- IL-1 β (Interleukin-1 Beta)
- IL-6 (Interleukin-6)

These are proteins in the blood that can increase when the body is under stress or experiencing inflammation. Inflammation is a natural response by the body to stress or injury. When it becomes chronic, it can impact overall wellness.

ASEA REDOX SUPPLEMENT EFFECTS

Marker	What It Does	Change Observed
IL-1 β	Signals inflammation	↓ 89% (major drop)
IL-6	Inflammation & immune	↓ 11.5% (moderate drop)
Glutathione	Cell protection/antioxidant	↑ 14.4% (moderate increase)

↓ = decrease, ↑ = increase

Lower IL-1 β and IL-6 = less inflammation

Higher glutathione = better cell protection

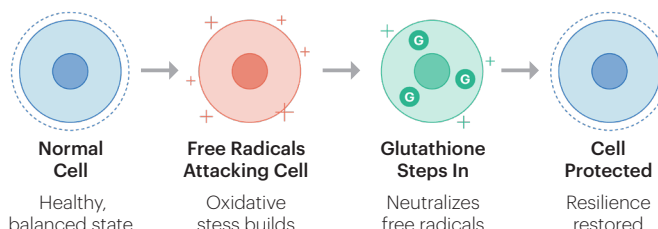
BY THE END OF 16 WEEKS:

- IL-1 β levels decreased by nearly 89% in most participants
- IL-6 levels decreased by an average of 11.5%

The most notable improvements occurred during **months three and four**, in the final phase of the study, suggesting continued use may support ongoing balance over time.

ANTIOXIDANT DEFENSE: GLUTATHIONE

Glutathione is often called the body's "master antioxidant." It's a naturally produced antioxidant found inside cells. It helps protect cells from oxidative stress caused by free radicals or daily environmental and metabolic stressors.



Oxidative stress occurs when there is an imbalance between free radicals and antioxidants in the body. Glutathione not only protects the cell from the harmful effects of oxidative stress. It removes free radicals and converts them into harmless compounds.

AFTER 16 WEEKS:

- Glutathione levels increased by 14.4%

This increase suggests enhanced antioxidant capacity and cellular resilience.

CONCLUSION

In summary, the **ASEA Redox Supplement was shown to be safe, support a healthy inflammatory response, reduce oxidative stress by lowering IL-1 β and IL-6 levels, and increase glutathione production.**

These changes support immune function and overall wellness, making the supplement a promising option for those looking to maintain health and resilience as they age.